

1 **Invocation** *make the sign of the cross and say...*

In the name of the Father and of the Son and of the Holy Spirit. Amen.

2 **The Apostles' Creed**

I believe in God, the Father Almighty,
Maker of heaven and earth.

And in Jesus Christ, His only Son, our
Lord, who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under
Pontius Pilate, was crucified, died and was
buried. He descended into hell. The third day
He rose again from the dead. He ascended into
heaven and sits at the right hand of God, the
Father Almighty. From thence He will come
to judge the living and the dead.

I believe in the Holy Spirit, the holy
Christian church, the communion of saints, the
forgiveness of sins, the resurrection of the
body, and the life everlasting. Amen .

4 **Morning or Evening Prayer**

Morning. I thank You, my heavenly
Father, through Jesus Christ, Your dear
Son, that You have kept me this night
from all harm and danger; and I pray that
You would keep me this day also from
sin and every evil, that all my doings and
life may please You. For into Your hands
I commend myself, my body and soul,
and all things. Let Your holy angel be
with me, that the evil foe may have no
power over me. Amen.

3 **The Lord's Prayer**

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

Evening. I thank You, my heavenly
Father, through Jesus Christ, Your dear
Son, that You have graciously kept me
this day; and I pray that You would
forgive me all my sins where I have done
wrong, and graciously keep me this night.
For into Your hands I commend myself,
my body and soul, and all things. Let
Your holy angel be with me, that the evil
foe may have no power over me. Amen.

5 Mealtime Blessing and then afterwards Returning Thanks

Blessing before meal

“The eyes of all look to You, [O LORD,] and You give them their food at the proper time. You open Your hand and satisfy the desires of every living thing.” (Ps. 145: 15–16)

Lord God, heavenly Father, bless us and these Your gifts which we receive from Your bountiful goodness, through Jesus Christ, our Lord. Amen.

Returning Thanks after meal

“Give thanks to the LORD, for He is good. His love endures forever. [He] gives food to every creature. He provides food for the cattle and for the young ravens when they call. His pleasure is not in the strength of the horse, nor His delight in the legs of a man; the LORD delights in those who fear Him, who put their hope in His unfailing love.” (Ps. 136:1, 25; 147:9–11)

We thank You, Lord God, heavenly Father, for all Your benefits, through Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit forever and ever. Amen

6 Pray the Psalms

Lent	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	84, 150	119:73-80; 145	34, 146	5, 147:1-11	27, 147:12- 20	22, 148	43, 149
Evening	42, 32	121, 6	25, 91	27, 51	126, 102	105, 130	31, 143

7 Verse for Upcoming Sunday: **John 11:25**

I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live.

8 Daily Lectionary Readings

SundayGenesis 48:8-22; Romans 8:11-25; John 6:27-40

MondayGenesis 49:1-28; 1 Corinthians 10:14--11:1; Mark 7:24-37

TuesdayGenesis 49:29--50:14; 1 Corinthians 11:2-34; Mark 8:1-10

WednesdayGenesis 50:15-26; 1 Corinthians 12:1-11; Mark 8:11-26

ThursdayExodus 1:6-22; 1 Corinthians 12:12-26; Mark 8:27--9:1

FridayExodus 2:1-22; 1 Corinthians 12:27--13:3; Mark 9:2-13

SaturdayExodus 2:23--3:15; 1 Corinthians 13:1-13; Mark 9:14-29

9 The Collect for Upcoming Sunday

Fifth Sunday in Lent Almighty God, by Your great goodness mercifully look upon Your people that we may be governed and preserved evermore in body and soul; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

10 Catechism Portion for the Week

Confession: Which are these? (the kinds of sins we might confess): There is no guide more helpful than that of the Ten Commandments in helping us to see where we have sinned and fallen short of what God expects of us as His children. This is where it is especially helpful to reflect on the meanings of each commandment as reflected in the Small Catechism. We will also discover that the commandments are related to each other. For instance, coveting often leads to stealing, which in turn leads to bearing false witness, which in the worst of circumstances can lead to bodily injury or death to another. In every instance, each violation of a commandment relates to a breaking of the First Commandment, for it demonstrates that we have not feared, loved, and trusted God above all else. And as we will discover by recalling our sins, it is impossible to remember or be aware of everything we have done wrong or failed to do. But we should concentrate especially on those sins that we come to discover and feel in our hearts.

11 Portion of the Catechism and Luther's Explanation

Which are these? (the kinds of sins we might confess)

Consider your place in life according to the Ten Commandments: Are you a father, mother, son, daughter, husband, wife, or worker? Have you been disobedient, unfaithful, or lazy? Have you been hot-tempered, rude, or quarrelsome? Have you hurt someone by your words or deeds? Have you stolen, been negligent, wasted anything, or done any harm?

12

Prayer Based on the Portion of the Catechism

Prayer based on Confession and Absolution: Lord Jesus Christ, I give You thanks that my sins are forgiven before Your Father in heaven. By the Holy Spirit, give me grace to trust in Your promises and so live in the freedom and peace that You have won for me in Your death and resurrection. Amen [from Luther's Small Catechism: with explanation; Concordia Pub, pg. 313]

13

Intercessory Prayer

- ✝ For Brad Benrud with kidney stones.
- ✝ For Pam Benrud for hip, joint, and pain management.
- ✝ For Ron Kuehn with back problems and awaiting biopsy results.
- ✝ For Sophie Wagg (Jeremy and Jessica Schoonover's daughter) that she has a healthy pregnancy and delivery.
- ✝ For Carolyn Webber (Mary Bartos' sister) recovering from a broken leg.

14

Upcoming Sunday Lessons and Selected Hymn

For March 22, 2026, Fifth Sunday in Lent: Ezekiel 37:1-14 The valley of dry bones.; **Psalm 130** "With You there is forgiveness." **Romans 8:1-11** Through Christ, the law of the Spirit of life sets me free; **John 11:17-27, 38-53** After the raising of Lazarus, the Pharisees begin to plot to take Jesus' life.

430 My Song is Love Unknown: *stnz 1* My song is love unknown, My Savior's love to me, Love to the loveless shown That they might lovely be. Oh, who am I That for my sake My Lord should take Frail flesh and die? *stnz 2* He came from His blest throne Salvation to bestow; But men made strange, and none The longed-for Christ would know. But, oh, my friend, My Friend indeed, Who at my need His life did spend! *stnz 3* Sometimes they strew His way And His sweet praises sing; Resounding all the day Hosannas to their King. Then "Crucify!" Is all their breath, And for His death They thirst and cry. *stnz 4* Why, what hath my Lord done? What makes this rage and spite? He made the lame to run, He gave the blind their sight. Sweet injuries! Yet they at these Themselves displease And 'gainst Him rise. *stnz 5* They rise and needs will have My dear Lord made away; A murderer they save, The Prince of Life they slay. Yet cheerful He To suffering goes That He His foes From thence might free. *stnz 6* In life no house, no home My Lord on earth might have; In death no friendly tomb But what a stranger gave. What may I say? Heav'n was His home But mine the tomb Wherein He lay. *stnz 7* Here might I stay and sing, No story so divine! Never was love, dear King, Never was grief like Thine. This is my friend, In whose sweet praise I all my days Could gladly spend!