

The Gift of Grace Lutheran Congregation at Prayer

A guide for Daily Meditation and Prayer For the Week of the 16th Sunday after Pentecost September 28 through October 4

- Invocation make the sign of the cross and say...
 In the name of the Father and of the Son and of the Holy Spirit. Amen.
- The Apostles' Creed

I believe in God, the Father Almighty, Maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into heaven and sits at the right hand of God, the Father Almighty. From thence He will come to judge the living and the dead.

I believe in the Holy Spirit, the holy Christian church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

The Lord's Prayer

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.



Morning or Evening Prayer

Morning. I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.

Evening. I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have graciously kept me this day; and I pray that You would forgive me all my sins where I have done wrong, and graciously keep me this night. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen.



Mealtime Blessing and then afterwards Returning Thanks

Blessing before meal

"The eyes of all look to You, [O LORD,] and You give them their food at the proper time. You open Your hand and satisfy the desires of every living thing." (Ps. 145: 15–16)

Lord God, heavenly Father, bless us and these Your gifts which we receive from Your bountiful goodness, through Jesus Christ, our Lord. Amen. Returning Thanks after meal "Give thanks to the LORD, for He is good. His love endures forever. [He] gives food to every creature. He provides food for the cattle and for the young ravens when they call. His pleasure is not in the strength of the horse, nor His delight in the legs of a man; the LORD delights in those who fear Him, who put their hope in His unfailing love." (Ps. 136:1, 25; 147:9–11)

We thank You, Lord God, heavenly Father, for all Your benefits, through Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit forever and ever. Amen



Pray the Psalms

General Wk 1	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	103, 150	5, 145	42, 146	89:1-18; 147:1-11	116, 147:12- 20	51, 148	104, 149
Evening	117, 139	82, 29	102, 133	1, 33	16, 62	142, 65	118, 111



Verse of the Week: Luke 16:31

Alleluia. If they do not hear Moses and the Prophets, neither will they be convinced if someone should rise from the dead. Alleluia.



8 Daily Lectionary Readings

Monday 2 Chronicles 6:32-7:7; James 2:1-13; Mark 14:53-65

Tuesday..... 1 Kings 8:65-9:9; James 2:14-26; Mark 14:66-72

Wednesday....1 Kings 9:24-10:13; James 3:1-12; Mark 15:1-11

Thursday 1 Kings 11:1-13; James 3:13-4:12; Mark 15:12-21

Friday..... 1 Kings 11:26-43; James 4:13-5:6; Mark 15:22-32

Saturday.........1 Kings 12:1-20; James 5:7-20; Mark 15:33-39



The Collect for the Week

Sixteenth Sunday after Pentecost (Pr. 21) O God, You are the strength of all who trust in You, and without Your aid we can do no good thing. Grant us the help of Your grace that we may please You in both will and deed; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.



Catechism Portion for the Week

The First Article (Part 1) of the Apostles' Creed – The materialist holds that material substances, however much they may change, have just always been around and always will be around. There seems an utter lack of amazement that things exist at all. But even philosophers have recognized that there must be something behind what exists and the intelligibility of the universe. Indeed, Scripture reveals a Creator who created heaven and earth. Scripture reveals a Creator who spoke things into existence out of nothing. The fact that God created all that exists determines how I understand myself and how I relate to God and his world. As a Christian believer I confess, "I am God's creature."



Portion of the Catechism and Luther's Explanation

The First Article

I believe in God, the Father Almighty, Maker of heaven and earth.

What does this mean for us?

I believe that God has made me and all creatures; that He has given me my body and soul, eyes, ears, and all my members, my reason and all my senses, and still takes care of them.

He also gives me clothing and shoes, food and drink, house and home, wife and children, land, animals, and all I have. He richly and daily provides me with all that I need to support this body and life. He defends me against all danger and guards and protects me from all evil.

All this He does only out of fatherly, divine goodness and mercy, without any merit or worthiness in me. For all this it is my duty to thank and praise, serve and obey Him. This is most certainly true.



Prayer Based on the Portion of the Catechism

Prayer based on the First Article (Part 1) of the Apostles' Creed - Almighty Father, maker of heaven and earth: I praise you for having fashioned me in love and set me within this world, which you have also created. For all that you have given me in body and soul and for the wondrous ways in which you take care of me, I give you thanks. Keep me mindful of your bountiful gifts, ever looking to you for all good things in this earthly life, and teach me to receive them as your child and heir; through Jesus Christ, your Son. Amen. [from Luther's Small Catechism: with explanation; Concordia Pub, pg. 145]



Intercessory Prayer

- → For Madison Mallen (granddaughter of Connie Meunier's cousin with liver cancer)
- ♣ For Connie Meunier with a fractured left foot
- For Fred Rick with Sciatic Stenosis
- † For Ron Kuehn with ear/hearing issues



Hymn of the Week and Next Sunday's Lessons

708 Lord, Thee I Love with All My Heart: stnz 1 Lord, Thee I love with all my heart; I pray Thee, ne'er from me depart, With tender mercy cheer me. Earth has no pleasure I would share. Yea, heav'n itself were void and bare If Thou, Lord, wert not near me. And should my heart for sorrow break, My trust in Thee can nothing shake. Thou art the portion I have sought; Thy precious blood my soul has bought. Lord Jesus Christ, my God and Lord, my God and Lord, Forsake me not! I trust Thy Word. stnz 2 Yea, Lord, 'twas Thy rich bounty gave My body, soul, and all I have In this poor life of labor. Lord, grant that I in ev'ry place May glorify Thy lavish grace And help and serve my neighbor. Let no false doctrine me beguile; Let Satan not my soul defile. Give strength and patience unto me To bear my cross and follow Thee. Lord Jesus Christ, my God and Lord, my God and Lord, In death Thy comfort still afford. stnz 3 Lord, let at last Thine angels come, To Abr'ham's bosom bear me home, That I may die unfearing; And in its narrow chamber keep My body safe in peaceful sleep Until Thy reappearing. And then from death awaken me, That these mine eyes with joy may see, O Son of God, Thy glorious face, My Savior and my fount of grace. Lord Jesus Christ, my prayer attend, my prayer attend, And I will praise Thee without end. Text: Martin Schalling, 1532-1608; tr. Catherine Winkworth, 1827–78, alt. Text: Public domain

For October 5, 2025, Seventeenth Sunday after Pentecost (Proper 22): Habakkuk 1:1-4; 2:1-4 "I will ... look out to see what He will say to me."; Psalm 62 "For God alone my soul waits in silence."; 2 Timothy 1:1-14 "God gave us a spirit ... of power and love and self-control"; Luke 17:1-10 Faith as a mustard seed