

## 11 RECITE PORTION OF THE CATECHISM AND MEANING

### The Second Article

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

### What does this mean?

I believe that Jesus Christ – true God, Son of the Father from eternity, and true man, born of the Virgin Mary – is my Lord.

At great cost he has saved and redeemed me, a lost and condemned person. He has freed me from sin, death, and the power of the devil – not with silver or gold, but with his holy and precious blood and his innocent suffering and death.

*All this he has done that I may be his own, live under him in his kingdom, and serve him in everlasting righteousness, innocence, and blessedness, just as he is risen from the dead and lives and rules eternally. This is most certainly true.*

## 12 PRAYER BASED ON THE PORTION OF THE CATECHISM

**Prayer based on the Second Article (Part 3) of the Apostles' Creed** King of glory, by Your mercy and compassion, You gave Yourself over to death on the cross to obtain everlasting righteousness, innocence, and blessedness for me and all believers. By Your Spirit, keep me firm in this faith that I might always live under You in Your kingdom and serve You in joy and peace even as You have been raised from the dead and live and reign to all eternity. Amen.

[from Luther's Small Catechism: with explanation; Concordia Pub, pg. 194]

## 13 IN OUR PRAYERS THIS WEEK - INTERCESSORY PRAYERS

- |  |   |
|--|---|
| ⇒ For Carol Halderson coping with dementia                     | ⇒ For Sue Reget who suffered a brain aneurysm           |
| ⇒ For Buff Peterson in hospice care at home                    |   |
| ⇒ For Janet Sisul being cared for                              | ⇒ For Doris Stanke, Anne Warner's mother, with dementia |
| ⇒ For Lisa Cash in caring for her father Daniel                |   |
| ⇒ For Karri Bjornstad's father, Birger Eklov, battling cancer. |   |
| ⇒ For Pastor Dave Steffenson battling cancer                   |   |

## 14 HYMN OF THE WEEK AND UPCOMING SUNDAY LESSONS

**Lift High the Cross** LBW 377: [Refrain] Lift high the cross, the love of Christ proclaim Till all the world adore his sacred name. *stnz 1* Come, Christians, follow where our captain trod, Our king victorious, Christ, the Son of God. [Refrain] *stnz 2* Led on their way by this triumphant sign, The hosts of God in conqu'ring ranks combine. [Refrain] *stnz 3* All newborn soldiers of the Crucified Bear on their brows the seal of him who died. [Refrain] *stnz 4* O Lord, once lifted on the glorious tree, As thou hast promised, draw us all to thee. [Refrain] *stnz 5* So shall our song of triumph ever be: Praise to the Crucified for victory! [Refrain]

**For March 7, Third Sunday in Lent: Exodus 20:1-17** The Ten Commandments; **Psalms 19** "The precepts of the LORD are right."; **1 Corinthians 1:18-31** "We preach Christ crucified."; **John 2:13-22** Jesus drives the moneychangers from the temple.



## The Gift of Grace Lutheran Congregation at Prayer

A guide for Daily Meditation and Prayer  
For the Week of the Second Sunday in Lent  
February 28 through March 6

**1 INVOCATION - MAKE THE SIGN OF THE CROSS AND SAY:**  
In the name of the Father and of the Son and of the Holy Spirit. Amen.

**2 CONFESS THE APOSTLES' CREED**  
I believe in God, the Father, almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**3 PRAY THE LORD'S PRAYER**  
Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

**4 PRAY THE MORNING OR EVENING PRAYER**

*Morning.* We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm. We ask you to preserve and keep us, this day also, from all sin and evil, that in all our thoughts, words and deeds we may serve and please you. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen.

*Evening.* We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have this day so graciously protected us. We beg you to forgive us all our sins and the wrong which we have done. By your great mercy defend us from all the perils and dangers of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen

## 5 AT MEAL TIME ASK BLESSING THEN AFTERWARDS RETURN THANKS

### *Blessing before meal*

“The eyes of all wait upon you, O LORD, and you give them their food in due season. You open wide your hand, and satisfy the needs of every living creature.” [Ps. 145:15-16]

Lord, God, heavenly Father, bless us and these your gifts which we receive from your bountiful goodness, through Jesus Christ our Lord. Amen.

### *Returning Thanks after meal*

“Give thanks to the LORD, for he is good, for his mercy endures forever. He gives food to all creatures. He provides food for flocks and herds and for the young ravens when they cry. He is not impressed by the might of a horse, he has no pleasure in the strength of a man; but the LORD has pleasure in those who fear him, in those who await his gracious favor.” [Ps. 136:1, 25; 147:9-11]

We thank you, Lord God, heavenly Father, for all your benefits, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit forever and ever. Amen.

## 6 PRAY THE PSALMS

Lent	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	84, 150	119:73-80; 145	34, 146	5, 147:1-12	27, 147:13-21	22, 148	43, 149
Evening	42, 32	121, 6	25, 91	27, 51	126, 102	105, 130	31, 143

## 7 RECITE THE VERSE OF THE WEEK: **Mark 8:31**

And [Jesus] began to teach them that the Son of Man must suffer many things and be rejected by the elders and the chief priests and the scribes and be killed, and after three days rise again.

## Theme of the Week: The Cross Awaits Jesus And His Followers

## 8 READ DAILY SCRIPTURE PASSAGES

SUN

Jeremiah 1:1-10; 1 Corinthians 3:11-23; Mark 3:31-4:9

MON

Jeremiah 1:11-19; Romans 1:1-15; John 4:27-42

TUE

Jeremiah 2:1-13, 29-32; Romans 1:16-25; John 4:43-54

WED

Jeremiah 3:6-18; Romans 1:26-2:11; John 5:1-18

THU

Jeremiah 4:9-10, 19-28; Romans 2:12-24; John 5:19-29

FRI

Jeremiah 5:1-9; Romans 2:25-3:18; John 5:30-47

SAT

Jeremiah 5:20-31; Romans 3:19-31; John 7:1-13

## 9 PRAY THE PRAYER OF THE WEEK

O God, You see that of ourselves we have no strength. By Your mighty power defend us from all adversities that may happen to the body and from all evil thoughts that may assault and hurt the soul; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

## 10 READ INTRODUCTION TO PORTION OF CATECHISM FOR THIS WEEK

**The Second Article (Part 3) of the Apostles' Creed** – As the resurrection accounts recorded in the Gospels of Matthew, Mark, Luke, and John demonstrate, the appearance of Jesus, raised from the dead, to his disciples would change their lives forever. It gave their lives new meaning and purpose. Jesus explained to them in Luke 24:46f, “Thus it is written, that the Christ should suffer and on the third day rise from the dead and that repentance and forgiveness of sins should be proclaimed in his name to all nations, beginning from Jerusalem.” As Christians, we confess that our salvation and happiness rests on Jesus our Lord. He sets us free to live under His care and serve Him and our neighbors.