

1 **Invocation** *make the sign of the cross and say...*

In the name of the Father and of the Son and of the Holy Spirit. Amen.

2 **The Apostles' Creed**

I believe in God, the Father Almighty,
Maker of heaven and earth.

And in Jesus Christ, His only Son, our
Lord, who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under
Pontius Pilate, was crucified, died and was
buried. He descended into hell. The third day
He rose again from the dead. He ascended into
heaven and sits at the right hand of God, the
Father Almighty. From thence He will come
to judge the living and the dead.

I believe in the Holy Spirit, the holy
Christian church, the communion of saints, the
forgiveness of sins, the resurrection of the
body, and the life everlasting. Amen .

3 **The Lord's Prayer**

Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

4 **Morning or Evening Prayer**

Morning. I thank You, my heavenly
Father, through Jesus Christ, Your dear
Son, that You have kept me this night
from all harm and danger; and I pray that
You would keep me this day also from
sin and every evil, that all my doings and
life may please You. For into Your hands
I commend myself, my body and soul,
and all things. Let Your holy angel be
with me, that the evil foe may have no
power over me. Amen.

Evening. I thank You, my heavenly
Father, through Jesus Christ, Your dear
Son, that You have graciously kept me
this day; and I pray that You would
forgive me all my sins where I have done
wrong, and graciously keep me this night.
For into Your hands I commend myself,
my body and soul, and all things. Let
Your holy angel be with me, that the evil
foe may have no power over me. Amen.

5 Mealtime Blessing and then afterwards Returning Thanks

Blessing before meal

“The eyes of all look to You, [O LORD,] and You give them their food at the proper time. You open Your hand and satisfy the desires of every living thing.” (Ps. 145: 15–16)

Lord God, heavenly Father, bless us and these Your gifts which we receive from Your bountiful goodness, through Jesus Christ, our Lord. Amen.

Returning Thanks after meal

“Give thanks to the LORD, for He is good. His love endures forever. [He] gives food to every creature. He provides food for the cattle and for the young ravens when they call. His pleasure is not in the strength of the horse, nor His delight in the legs of a man; the LORD delights in those who fear Him, who put their hope in His unfailing love.” (Ps. 136:1, 25; 147:9–11)

We thank You, Lord God, heavenly Father, for all Your benefits, through Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit forever and ever. Amen

6 Pray the Psalms

| General Wk. 3 | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------|---------|---------|---------|--------------|----------------|---------|----------|
| Morning | 67, 150 | 57, 145 | 54, 146 | 65, 147:1-12 | 143, 147:13-21 | 88, 148 | 122, 149 |
| Evening | 46, 93 | 85, 47 | 28, 99 | 125, 91 | 81, 116 | 6, 20 | 125, 90 |

7 Verse of the Week: **Mark 6:50c**

Alleluia. Take heart; it is I. Do not be afraid. Alleluia.

8 Daily Lectionary Readings

SundayJoshua 6:15-27; Acts 22:30--23:11; Mark 2:1-12

MondayJoshua 7:1-13; Romans 13:8-14; Matthew 26:36-46

Tuesday.....Joshua 8:1-22; Romans 14:1-12; Matthew 26:47-56

Wednesday....Joshua 8:30-35; Romans 14:13-23; Matthew 26:57-68

ThursdayJoshua 9:3-21; Romans 15:1-13; Matthew 26:69-75

FridayJoshua 9:22--10:15; Romans 15:14-24; Matthew 27:1-10

SaturdayJoshua 23:1-16; Romans 15:25-33; Matthew 27:11-23

9

The Collect for the Week

Sundays after Pentecost Proper 12 Almighty and most merciful God, the protector of all who trust in You, strengthen our faith and give us courage to believe that in Your love You will rescue us from all adversities; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

10

Catechism Portion for the Week

Confession: Which are these? (the kinds of sins we might confess): There is no guide more helpful than that of the Ten Commandments in helping us to see where we have sinned and fallen short of what God expects of us as His children. This is where it is especially helpful to reflect on the meanings of each commandment as reflected in the Small Catechism. We will also discover that the commandments are related to each other. For instance, coveting often leads to stealing, which in turn leads to bearing false witness, which in the worst of circumstances can lead to bodily injury or death to another. In every instance, each violation of a commandment relates to a breaking of the First Commandment, for it demonstrates that we have not feared, loved, and trusted God above all else. And as we will discover by recalling our sins, it is impossible to remember or be aware of everything we have done wrong or failed to do. But we should concentrate especially on those sins that we come to discover and feel in our hearts.

11

Portion of the Catechism and Luther's Explanation

Which are these? (the kinds of sins we might confess)

Consider your place in life according to the Ten Commandments: Are you a father, mother, son, daughter, husband, wife, or worker? Have you been disobedient, unfaithful, or lazy? Have you been hot-tempered, rude, or quarrelsome? Have you hurt someone by your words or deeds? Have you stolen, been negligent, wasted anything, or done any harm?

12

Prayer Based on the Portion of the Catechism

Prayer based on Confession and Absolution: Lord Jesus Christ, I give You thanks that my sins are forgiven before Your Father in heaven. By the Holy Spirit, give me grace to trust in Your promises and so live in the freedom and peace that You have won for me in Your death and resurrection. Amen [from Luther's Small Catechism: with explanation; Concordia Pub, pg. 313]

13

Intercessory Prayer

- | | |
|-----------------------------------|---|
| ✝ Heather Roll (breast cancer) | ✝ Jenny Whitman (paralyzed from a fall) |
| ✝ Haley Hellerud (pneumonia) | |
| ✝ Kathy Schmitz (medical testing) | |

14

Hymn of the Week and Next Sunday's Lessons

717 Eternal Father, Strong to Save: *stnz 1* Eternal Father, strong to save, Whose arm hath bound the restless wave, Who bidd'st the mighty ocean deep Its own appointed limits keep: O hear us when we cry to Thee For those in peril on the sea. *stnz 2* O Christ, whose voice the waters heard And hushed their raging at Thy word, Who walkedst on the foaming deep And calm amid its rage didst sleep: O hear us when we cry to Thee For those in peril on the sea. *stnz 3* Most Holy Spirit, who didst brood Upon the chaos dark and rude, And bid its angry tumult cease, And give, for wild confusion, peace: O hear us when we cry to Thee For those in peril on the sea. *stnz 4* O Trinity of love and pow'r, Our people shield in danger's hour; From rock and tempest, fire and foe, Protect them wheresoe'er they go; Thus evermore shall rise to Thee Glad praise from air and land and sea. (LSB Hymn License no. 130404864)

For August 4, 2024, Eleventh Sunday after Pentecost (Pr 13): **Exodus 16:2-15** I will rain down bread from heaven for you.; **Psalms 145:10-21** "The eyes of all look to You, and You give them their food in due season."; **Ephesians 4:1-16** Be patient, bearing with one another in love.; **John 6:22-35** "My Father gives you the true bread from heaven."