

11 RECITE PORTION OF THE CATECHISM AND MEANING

The Fourth Petition

Give us this day our daily bread.

What does this mean?

God gives daily bread, even without our prayer, to all people, though sinful, but we ask in this prayer that he will help us to realize this and to receive our daily bread with thanks.

What is meant by “daily bread”?

Daily bread includes everything needed for this life, such as food and clothing, home and property, work and income, a devoted family, an orderly community, good government, favorable weather, peace and health, a good name, and true friends and neighbors.

12 PRAYER BASED ON THE PORTION OF THE CATECHISM

Prayer based on The Fourth Petition of the Lord’s Prayer

Gracious Father, You open Your hand and satisfy the desire of every living creature. Teach us to acknowledge You as the Lord who provides for all of our needs in body and soul and so give thanks to You for all of Your bountiful gifts; through Jesus Christ, our Lord. Amen [from Luther’s Small Catechism: with explanation; Concordia Pub, pg. 263]

13 IN OUR PRAYERS THIS WEEK - INTERCESSORY PRAYERS

- ⇒ For Carol Halderson coping with dementia
- ⇒ For Buff Peterson coping with pulmonary functioning
- ⇒ For Janet Sisul being cared for
- ⇒ For Lisa Cash in caring for her father Daniel
- ⇒ For Karri Bjornstad’s father, Birger Eklov, battling cancer.
- ⇒ For Pastor Dave Steffenson battling cancer

14 HYMN OF THE WEEK AND UPCOMING SUNDAY LESSONS

Praise and Thanksgiving LBW 409: *stnz 1* Praise and thanksgiving, Father, we offer, For all things living Created good; Harvest of sown fields, Fruits of the orchard, Hay from the mown fields, blossom and wood. *stnz 2* Bless, Lord, the labor We bring to serve you, That with our neighbor we may be fed. Sowing or tilling, We would work with you; Harvesting, milling, For daily bread. *stnz 3* Father, providing Food for your children, Your wisdom guiding Teaches us share One with another, So that, rejoicing With us, all others May know your care. *stnz 4* Then will your blessing Reach every people; Freely confessing Your gracious hand. Where all obey you, No one will hunger; Your love’s sway you Nourish the land.

For July 26, Eighth Sunday after Pentecost (Proper 12): **Deuteronomy 7:6-9** “You are a people holy to the LORD your God.”; **Psalms 125** “Those who trust in the LORD are like Mount Zion.”; **Romans 8:28-39** God works for the good of those who love Him.; **Matthew 13:44-52** The Kingdom of heaven.



The Gift of Grace Lutheran Congregation at Prayer

A guide for Daily Meditation and Prayer
For the Week of the 7th Sunday after Pentecost
July 19 through July 25

1 INVOCATION - MAKE THE SIGN OF THE CROSS AND SAY:
In the name of the Father and of the Son and of the Holy Spirit. Amen.

2 CONFESS THE APOSTLES’ CREED
I believe in God, the Father, almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

3 PRAY THE LORD’S PRAYER
Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

4 PRAY THE MORNING OR EVENING PRAYER

Morning. We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm. We ask you to preserve and keep us, this day also, from all sin and evil, that in all our thoughts, words and deeds we may serve and please you. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen.

Evening. We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have this day so graciously protected us. We beg you to forgive us all our sins and the wrong which we have done. By your great mercy defend us from all the perils and dangers of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen

5 AT MEAL TIME ASK BLESSING THEN AFTERWARDS RETURN THANKS

Blessing before meal

“The eyes of all wait upon you, O LORD, and you give them their food in due season. You open wide your hand, and satisfy the needs of every living creature.” [Ps. 145:15-16]

Lord, God, heavenly Father, bless us and these your gifts which we receive from your bountiful goodness, through Jesus Christ our Lord. Amen.

Returning Thanks after meal

“Give thanks to the LORD, for he is good, for his mercy endures forever. He gives food to all creatures. He provides food for flocks and herds and for the young ravens when they cry. He is not impressed by the might of a horse, he has no pleasure in the strength of a man; but the LORD has pleasure in those who fear him, in those who await his gracious favor.” [Ps. 136:1, 25; 147:9-11]

We thank you, Lord God, heavenly Father, for all your benefits, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit forever and ever. Amen.

6 PRAY THE PSALMS

General Wk: 4	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	108, 150	62, 145	12, 146	96, 147:1-12	116, 147:13-21	84, 148	63, 149
Evening	66, 23	73, 9	36, 7	132, 134	26, 130	25, 40	138, 98

7 RECITE THE VERSE OF THE WEEK: Romans 8:18

For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us.

Theme of the Week: Suffering Will Give Way to Glory

8 READ DAILY SCRIPTURE PASSAGES

SUN

Numbers 21:4-9, 21-35; Acts 17:(12-21) 22-34; Luke 13:10-17

MON

Numbers 22:1-21; Romans 6:12-23; Matthew 21:12-22

TUE

Numbers 22:21-38; Romans 7:1-12; Matthew 21:23-32

WED

Numbers 22:41--23:12; Romans 7:13-25; Matthew 21:33-46

THU

Numbers 23:11-26; Romans 8:1-11; Matthew 22:1-14

FRI

Numbers 24:1-13; Romans 8:12-17; Matthew 22:15-22

SAT

Numbers 24:12-25; Romans 8:18-25; Matthew 22:23-40

9 PRAY THE PRAYER OF THE WEEK

O God, so rule and govern our hearts and minds by Your Holy Spirit that, ever mindful of Your final judgment, we may be stirred up to holiness of living here and dwell with You in perfect joy hereafter; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

10 READ INTRODUCTION TO PORTION OF CATECHISM FOR THIS WEEK

The Fourth Petition of the Lord’s Prayer: “Give us this day our daily bread.” – In Exodus 16 we read of how God provided manna, the miraculous bread from heaven, for the Israelites as they journeyed in the wilderness in route to the Promised Land. But this was a daily sustenance. God provided this bread daily, and it was to be gathered each day – only enough for the day. The singular exception to this single day’s gathering was that on the sixth day the people were permitted to gather a double portion so that the Sabbath Day could be a day of rest. People were not to horde the daily sustenance! God continues to provide us with what is needed to sustain our lives, both physically in the present age, and spiritually for what is needed for life eternal. Daily bread certainly includes food, but take away the air we breathe, the water we drink, the food we eat, the homes that shelter us, the governments that protect us and we die. As Christians, we pray that we might be grateful for everything, no matter how ordinary, that God provides us for our daily lives and wellbeing.