

11 RECITE PORTION OF THE CATECHISM AND MEANING

What is the Second Commandment?

You shall not take the name of the Lord your God in vain.

What does this mean for us?

We are to fear and love God so that we do not use his name superstitiously, or use it to curse, swear, lie, or deceive, but call on him in prayer, praise, and thanksgiving.

12 PRAYER BASED ON THE PORTION OF THE CATECHISM

Prayer based on Second Commandment

Holy Father, purify our lips from every misuse of your name by cursing, swearing, superstition, lying, or deception. Open our mouths to reverence your holy name, calling upon it in every time of trouble, praying for what you promise to give, praising you for your glory, and giving thanks to you as the giver of every good and perfect gift; this we ask in the name that gives us access to you, the name of Jesus Christ our Lord. Amen. [from Luther's Small Catechism: with explanation;

Concordia Pub, pg. 73]

13 IN OUR PRAYERS THIS WEEK - INTERCESSORY PRAYERS

- ⇒ For Carol Halderson coping with dementia
- ⇒ For Buff Peterson coping with pulmonary functioning
- ⇒ For Janet Sisul being cared for
- ⇒ For Lisa Cash in caring for her parents, Daniel and Marion
- ⇒ For Karri Bjornstad's father, Birger Eklov, battling cancer.
- ⇒ For Emeron Christensen recovering from hip replacement surgery
- ⇒ For Cheryl Ruud mourning the death of her husband Steve

14 HYMN OF THE WEEK AND UPCOMING SUNDAY LESSONS

Love Divine, All Loves Excelling LBW 315: *stnz 1* Love divine, all loves excelling, Joy of heav'n, to earth come down! Fix in us thy humble dwelling, All thy faithful mercies crown. Jesus, thou art all compassion, Pure, unbounded love thou art; Visit us with thy salvation, Enter ev'ry trembling heart. *Stnz 4* Finish then thy new creation, Pure and spotless let us be; Let us see thy great salvation Perfectly restored in thee! Changed from glory into glory, Till in heav'n we take our place, Till we cast our crowns before thee, Lost in wonder, love, and praise.

For February 23, Transfiguration of Our Lord: Exodus 24:8-18 Moses goes up on Mount Sinai; **Psalms 2:6-13** "You are My Son; today I have begotten You."; **2 Peter 1:16-21** "We were eyewitnesses of His majesty."; **Matthew 17:1-9** Jesus is transfigured on the mountaintop.



The Gift of Grace Lutheran Congregation at Prayer

A guide for Daily Meditation and Prayer
For the Week of The Sixth Sunday after the Epiphany
February 16 through February 22

1 INVOCATION - MAKE THE SIGN OF THE CROSS AND SAY:
In the name of the Father and of the Son and of the Holy Spirit. Amen.

2 CONFESS THE APOSTLES' CREED
I believe in God, the Father, almighty, creator of heaven and earth.
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

3 PRAY THE LORD'S PRAYER
Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

4 PRAY THE MORNING OR EVENING PRAYER

Morning. We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm. We ask you to preserve and keep us, this day also, from all sin and evil, that in all our thoughts, words and deeds we may serve and please you. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen.

Evening. We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have this day so graciously protected us. We beg you to forgive us all our sins and the wrong which we have done. By your great mercy defend us from all the perils and dangers of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen

5 AT MEAL TIME ASK BLESSING THEN AFTERWARDS RETURN THANKS

Blessing before meal

“The eyes of all wait upon you, O LORD, and you give them their food in due season. You open wide your hand, and satisfy the needs of every living creature.” [Ps. 145:15-16]

Lord, God, heavenly Father, bless us and these your gifts which we receive from your bountiful goodness, through Jesus Christ our Lord. Amen.

Returning Thanks after meal

“Give thanks to the LORD, for he is good, for his mercy endures forever. He gives food to all creatures. He provides food for flocks and herds and for the young ravens when they cry. He is not impressed by the might of a horse, he has no pleasure in the strength of a man; but the LORD has pleasure in those who fear him, in those who await his gracious favor.” [Ps. 136:1, 25; 147:9-11]

We thank you, Lord God, heavenly Father, for all your benefits, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit forever and ever. Amen.

6 PRAY THE PSALMS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	19, 150	135, 145	123, 146	15; 147:1-12	36, 147:13-21	130, 148	56, 149
Evening	81, 113	97, 112	30, 86	48, 4	80, 27	32, 139	100, 63

7 RECITE THE VERSE OF THE WEEK: 1 Corinthians 3:7

So neither he who plants nor he who waters is anything, but only God who gives the growth.

Theme of the Week: God Accomplishes Everything

8 READ DAILY SCRIPTURE PASSAGES

SUN

Genesis 29:20-35; 1 Timothy 3:14--4:10; Mark 10:23-31

MON

Genesis 30:1-24; 1 John 1:1-10; John 9:1-17

TUE

Genesis 31:1-24; 1 John 2:1-11; John 9:18-41

WED

Genesis 31:25-50; 1 John 2:12-17; John 10:1-18

THU

Genesis 32:3-21; 1 John 2:18-29; John 10:19-30

FRI

Genesis 32:22--33:17; 1 John 3:1-10; John 10:31-42

SAT

Genesis 35:1-20; 1 John 3:11-18; John 11:1-16

9 PRAY THE PRAYER OF THE WEEK

O Lord, graciously hear the prayers of Your people that we who justly suffer the consequences of our sin may be mercifully delivered by Your goodness to the glory of Your name; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

10 READ INTRODUCTION TO PORTION OF CATECHISM FOR THIS WEEK

The Second Commandment – When we trust God with all our heart, it automatically follows that we will use our lips to call upon Him as our Creator and Redeemer. We will call upon Him in prayer, praise, and thanksgiving. Otherwise, most uses of His name will be in vain. That is, we will utter or take His name for no good purpose. It would be hard to find a more compelling good and proper use of God’s name than the example that the Virgin Mary made as she offered her praise in Luke 1:46-55: “My soul magnifies the Lord, and my spirit rejoices in God my Savior, for he has looked on the humble estate of his servant. For behold, from now on all generations will call me blessed; for he who is mighty has done great things for me, and holy is his name. And his mercy is for those who fear him from generation to generation. He has shown strength with his arm; he has scattered the proud in the thoughts of their hearts; he has brought down the mighty from their thrones and exalted those of humble estate; he has filled the hungry with good things, and the rich he has sent empty away. He has helped his servant Israel, in remembrance of his mercy, as he spoke to our fathers, to Abraham and to his offspring forever.” As Christians, we treasure and honor God’s name with our prayer, praise, thanksgiving, and witness.