

## 11 RECITE PORTION OF THE CATECHISM AND MEANING

### The Second Article

I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

### What does this mean?

*I believe that Jesus Christ – true God, Son of the Father from eternity, and true man, born of the Virgin Mary – is my Lord.*

At great cost he has saved and redeemed me, a lost and condemned person. He has freed me from sin, death, and the power of the devil – not with silver or gold, but with his holy and precious blood and his innocent suffering and death.

All this he has done that I may be his own, live under him in his kingdom, and serve him in everlasting righteousness, innocence, and blessedness, just as he is risen from the dead and lives and rules eternally. This is most certainly true.

## 12 PRAYER BASED ON THE PORTION OF THE CATECHISM

**Prayer based on the Second Article (Part 1) of the Apostles' Creed** Lord Jesus Christ, begotten of the Father from eternity, and also true man, born of the Virgin Mary, I give You thanks that you have become my Brother. Give me the confidence and boldness to confess You as my Lord and so live and die within Your loving care; for You live and reign with the Father and the Holy Spirit, one God, now and forever. Amen. [from Luther's Small Catechism: with explanation; Concordia Pub, pg. 175]

## 13 IN OUR PRAYERS THIS WEEK - INTERCESSORY PRAYERS

- ⇒ For Carol Halderson coping with dementia
- ⇒ For Buff Peterson coping with pulmonary functioning
- ⇒ For Janet Sisul being cared for
- ⇒ For Lisa Cash in caring for her father Daniel
- ⇒ For Karri Bjornstad's father, Birger Eklov, battling cancer.
- ⇒ For Pastor Dave Steffenson battling cancer
- ⇒ For Kermit Gunderson

## 14 HYMN OF THE WEEK AND UPCOMING SUNDAY LESSONS

**How Good, Lord, to Be Here!** LBW 89: *stnz 1* How good, Lord, to be here! Your glory fills the night; Your face and garments, like the sun, Shine with unborrowed light. *Stnz 2* How good, Lord, to be here! Your beauty to behold Where Moses and Elijah stand, Your messengers of old. *Stnz 3* Fulfiller of the past And hope of things to be, We hail your body glorified And our redemption see. *Stnz 4* Before we taste of death, We see your kingdom come; We long to hold the vision bright And make this hill our home. *Stnz 5* How good, Lord, to be here! Yet we may not remain; But since you bid us leave the mount, Come with us to the plain.

**For February 21, First Sunday in Lent: Genesis 22:1-18** Abraham prepares to offer Isaac as a sacrifice.; **Psalm 25:1-9** "Make me to know Your ways, O LORD; teach me Your paths."; **James 1:12-18** "God cannot be tempted by evil, nor does He tempt anyone."; **Mark 1:9-15** Jesus is tempted by Satan.



## The Gift of Grace Lutheran Congregation at Prayer

A guide for Daily Meditation and Prayer  
For the Week of The Transfiguration of Our Lord  
February 14 through February 20

**1 INVOCATION - MAKE THE SIGN OF THE CROSS AND SAY:**  
In the name of the Father and of the Son and of the Holy Spirit. Amen.

**2 CONFESS THE APOSTLES' CREED**  
I believe in God, the Father, almighty, creator of heaven and earth.  
I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended into hell. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

**3 PRAY THE LORD'S PRAYER**  
Our Father, who art in heaven,  
hallowed be thy name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread;  
and forgive us our trespasses,  
as we forgive those  
who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
forever and ever. Amen.

**4 PRAY THE MORNING OR EVENING PRAYER**

*Morning.* We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have protected us through the night from all danger and harm. We ask you to preserve and keep us, this day also, from all sin and evil, that in all our thoughts, words and deeds we may serve and please you. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen.

*Evening.* We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have this day so graciously protected us. We beg you to forgive us all our sins and the wrong which we have done. By your great mercy defend us from all the perils and dangers of this night. Into your hands we commend our bodies and souls and all that is ours. Let your holy angels have charge of us, that the wicked one have no power over us. Amen

## 5 AT MEAL TIME ASK BLESSING THEN AFTERWARDS RETURN THANKS

### *Blessing before meal*

“The eyes of all wait upon you, O LORD, and you give them their food in due season. You open wide your hand, and satisfy the needs of every living creature.” [Ps. 145:15-16]

Lord, God, heavenly Father, bless us and these your gifts which we receive from your bountiful goodness, through Jesus Christ our Lord. Amen.

### *Returning Thanks after meal*

“Give thanks to the LORD, for he is good, for his mercy endures forever. He gives food to all creatures. He provides food for flocks and herds and for the young ravens when they cry. He is not impressed by the might of a horse, he has no pleasure in the strength of a man; but the LORD has pleasure in those who fear him, in those who await his gracious favor.” [Ps. 136:1, 25; 147:9-11]

We thank you, Lord God, heavenly Father, for all your benefits, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit forever and ever. Amen.

## 6 PRAY THE PSALMS

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	19, 150	135, 145	123, 146	5, 147:1-12	27, 147:13-21	22, 148	43, 149
Evening	81, 113	97, 112	30, 86	27, 51	126, 102	105, 130	31, 143

## 7 RECITE THE VERSE OF THE WEEK: **Mark 9:2-3**

And after six days Jesus took with him Peter and James and John, and led them up a high mountain by themselves. And he was transfigured before them, and his clothes became radiant-ly white, as no one on earth could bleach them.

**Theme of the Week:** Display of Jesus’ Divine Glory

## 8 READ DAILY SCRIPTURE PASSAGES

SUN

Daniel 7:9-10, 13-14; 2 Corinthians 3:1-9; John 12:27-36a

MON

Deuteronomy 6:1-15; Hebrews 1:1-14; John 1:1-18

TUE

Deuteronomy 6:16-25; Hebrews 2:1-10; John 1:19-28

WED

Jonah 3:1-4:11; Hebrews 12:1-14; Luke 18:9-14

THU

Deuteronomy 7:6-11; Titus 1:1-16; John 1:29-34

FRI

Deuteronomy 7:12-16; Titus 2:1-5; John 1:35-42

SAT

Deuteronomy 7:17-26; Titus 2:1-15; John 1:43-51

## 9 PRAY THE PRAYER OF THE WEEK

O God, in the glorious transfiguration of Your beloved Son You confirmed the mysteries of the faith by the testimony of Moses and Elijah. In the voice that came from the bright cloud You wonderfully foreshowed our adoption by grace. Mercifully make us co-heirs with the King in His glory and bring us to the fullness of our inheritance in heaven; through the same Jesus Christ, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

## 10 READ INTRODUCTION TO PORTION OF CATECHISM FOR THIS WEEK

**The Second Article (Part 1) of the Apostles’ Creed** – That his followers know his proper identity seemed to matter to Jesus. He once asked, “Who do people say that I am?” And he received many different answers. Popular conceptions at the time involved thinking that Jesus might be John the Baptist, Elijah, Jeremiah, or one of the prophets. But inspired by the Holy Spirit Peter correctly answered Jesus “You are the Christ, the Son of the living God.” If you asked people today what people thought of Jesus you would get quite a variety of answers. But as Christians we believe, teach, and confess that Jesus is our Lord and that he is both fully God and fully man.