

11 RECITE PORTION OF THE CATECHISM AND MEANING

What is the Fifth Commandment?

You shall not kill.

What does this mean for us?

We are to fear and love God so that we do not hurt our neighbor in any way, but help in all his physical needs.

12 PRAYER BASED ON THE PORTION OF THE CATECHISM

Prayer based on Fifth Commandment - Lord God, by your Law you guard and defend every human life from violence and destruction. Give us wisdom never to hurt or harm our neighbors in their bodily life and give us hearts of mercy to help and support them in every physical need; through Jesus Christ, our Lord. Amen. [from Luther's Small Catechism: with explanation; Concordia Pub, pg. 92]

13 IN OUR PRAYERS THIS WEEK - INTERCESSORY PRAYERS

- ⇒ For Carol Halderson coping with dementia
- ⇒ For President John Wille being treated for Prostate Cancer
- ⇒ For Peter Magnuson with a succession of surgeries.
- ⇒ For Jolene Wieman (Dave Bjornstad's sister) with a cancer diagnosis.
- ⇒ For Jonny Lowell (Dave Bjornstad's nephew) for proper medical diagnosis and treatment..

14 HYMN OF THE WEEK AND UPCOMING SUNDAY LESSONS

Lord, Thee I Love With All My Heart LBW 325: *smz 1* Lord, thee I love with all my heart; I pray thee, ne'er from me depart; With tender mercy cheer me. Earth has no pleasure I would share, Yea, heav'n itself were void and bare If thou, Lord, wert not near me. And should my heart for sorrow break, My trust in thee can nothing shake. Thou art the portion I have sought; Thy precious blood my soul has bought. Lord Jesus Christ, My God and Lord, my God and Lord, Forsake me not! I trust thy Word. *smz 2* Yea, Lord, 'twas thy rich bounty gave My body, soul, and all I have In this poor life of labor. Lord, grant that I in ev'ry place May glorify thy lavish grace And help and serve my neighbor. Let no false doctrine me beguile, Let Satan not my soul defile. Give strength and patience unto me To bear my cross and follow thee. Lord Jesus Christ, My God and Lord, my God and Lord, In death thy comfort still afford. *smz 3* Lord, let at last thine angels come, To Abr'hams bosom bear me home, That I may die unfearing; And in its narrow chamber keep My body safe in peaceful sleep Until thy reappearing. And then from death awaken me, That these mine eyes with joy may see, O Son of God, thy glorious face, My Savior and my fount of grace. Lord Jesus Christ, My prayer attend, my prayer attend, And I will praise thee without end!

For March 12, Third Sunday in Lent: **Exodus 17:1-7** The Israelites demand water in the desert.; **Psalms 95:1-9** The Venite (Latin for 'come'); **Romans 5:1-8** "While we were still sinners, Christ died for us."; **John 4:5-30, 39-42** Jesus and the Samaritan woman at the well.



The Gift of Grace Lutheran Congregation at Prayer

A guide for Daily Meditation and Prayer
For the Week of the Second Sunday in Lent
March 5 through March 11

1 INVOCATION - MAKE THE SIGN OF THE CROSS AND SAY:
In the name of the Father and of the Son and of the Holy Spirit. Amen.

2 CONFESS THE APOSTLES' CREED
I believe in God, the Father, almighty,
creator of heaven and earth.
I believe in Jesus Christ, his only Son, our
Lord. He was conceived by the power of the
Holy Spirit and born of the virgin Mary. He
suffered under Pontius Pilate, was crucified,
died, and was buried. He descended into hell.
On the third day he rose again. He ascended
into heaven, and is seated at the right hand of
the Father. He will come again to judge the
living and the dead.

I believe in the Holy Spirit, the holy
catholic church, the communion of saints, the
forgiveness of sins, the resurrection of the
body, and the life everlasting. Amen.

3 PRAY THE LORD'S PRAYER
Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those
who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

4 PRAY THE MORNING OR EVENING PRAYER

Morning. We give thanks to you,
heavenly Father, through Jesus Christ
your dear Son, that you have protected
us through the night from all danger and
harm. We ask you to preserve and keep
us, this day also, from all sin and evil,
that in all our thoughts, words and deeds
we may serve and please you. Into your
hands we commend our bodies and souls
and all that is ours. Let your holy angels
have charge of us, that the wicked one
have no power over us. Amen.

Evening. We give thanks to you,
heavenly Father, through Jesus Christ
your dear Son, that you have this day so
graciously protected us. We beg you to
forgive us all our sins and the wrong
which we have done. By your great
mercy defend us from all the perils and
dangers of this night. Into your hands we
commend our bodies and souls and all
that is ours. Let your holy angels have
charge of us, that the wicked one have
no power over us. Amen

5 AT MEAL TIME ASK BLESSING THEN AFTERWARDS RETURN THANKS

Blessing before meal

“The eyes of all wait upon you, O LORD, and you give them their food in due season. You open wide your hand, and satisfy the needs of every living creature.” [Ps. 145:15-16]

Lord, God, heavenly Father, bless us and these your gifts which we receive from your bountiful goodness, through Jesus Christ our Lord. Amen.

Returning Thanks after meal

“Give thanks to the LORD, for he is good, for his mercy endures forever. He gives food to all creatures. He provides food for flocks and herds and for the young ravens when they cry. He is not impressed by the might of a horse, he has no pleasure in the strength of a man; but the LORD has pleasure in those who fear him, in those who await his gracious favor.” [Ps. 136:1, 25; 147:9-11]

We thank you, Lord God, heavenly Father, for all your benefits, through Jesus Christ, our Lord, who lives and reigns with you and the Holy Spirit forever and ever. Amen.

6 PRAY THE PSALMS

Lent	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	84, 150	119:73-80; 145	34, 146	5, 147:1-12	27, 147:13-21	22, 148	43, 149
Evening	42, 32	121, 6	25, 91	27, 51	126, 102	105, 130	31, 143

7 RECITE THE VERSE OF THE WEEK: John 3:16

For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish but have eternal life.

Theme of the Week: God’s Gift of His Son

8 READ DAILY SCRIPTURE PASSAGES

SUN

Jeremiah 1:1-10; 1 Corinthians 3:11-23; Mark 3:31-4:9

MON

Jeremiah 1:11-19; Romans 1:1-15; John 4:27-42

TUE

Jeremiah 2:1-13, 29-32; Romans 1:16-25; John 4:43-54

WED

Jeremiah 3:6-18; Romans 1:26-2:11; John 5:1-18

THU

Jeremiah 4:9-10, 19-28; Romans 2:12-24; John 5:19-29

FRI

Jeremiah 5:1-9; Romans 2:25-3:18; John 5:30-47

SAT

Jeremiah 5:20-31; Romans 3:19-31; John 7:1-13

9 PRAY THE PRAYER OF THE WEEK

Second Sunday in Lent O God, You see that of ourselves we have no strength. By Your mighty power defend us from all adversities that may happen to the body and from all evil thoughts that may assault and hurt the soul; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever. Amen.

10 READ INTRODUCTION TO PORTION OF CATECHISM FOR THIS WEEK

The Fifth Commandment *You shall not kill.* – God created us to live in community, to care about other people, and to help others in their times of need. A beautiful example of what God intended is exemplified in a surprising way in Luke 10:25-37. In this passage, our Lord Jesus spoke of a man who was traveling down from Jerusalem to Jericho. This man fell victim to robbers who stripped him and beat him leaving him half dead. As it happened a priest was traveling along the road, but when he saw the beaten man he passed by on the other side. A Levite came along next and did the same. But when a Samaritan, who would have been despised by the Jews, came by; he stopped and had compassion. Not only did he nurse the man’s wounds, but he let the man ride his own animal and took him to an inn to convalesce. Jesus pointed out that this Samaritan got it! He knew what we were created for. As Christians, we look after our neighbors so that they may enjoy the life God has given them.